GLOBAL RATING OF CHANGE SCALE (GROC)

Thank you for the opportunity to assist in your rehabilitation. The following rating scale allows us to review the overall outcome of your condition with physical therapy intervention. It allows us to review your physical therapy outcome, which helps guide our treatment to better serve our patients in the future. The Global Rating of Change (GROC) has been well documented and extensively used in research as an outcome measure as well as to compare outcome measures.

Please rate the overall condition of your injured body part or region FROM THE TIME THAT YOU BEGAN TREATMENT UNTIL NOW (Check only one):

☐ A very great deal worse (-7) ☐ About the same (0) ☐ A very great deal better (7)
☐ A great deal worse (-6)                     ☐ A great deal better (6)
☐ Quite a bit worse (-5)                     ☐ Quite a bit better (5)
☐ Moderately worse (-4)                     ☐ Moderately better (4)
☐ Somewhat worse (-3)                       ☐ Somewhat better (3)
☐ A little bit worse (-2)                   ☐ A little bit better (2)
☐ A tiny bit worse (-1)                     ☐ A tiny bit better (1)