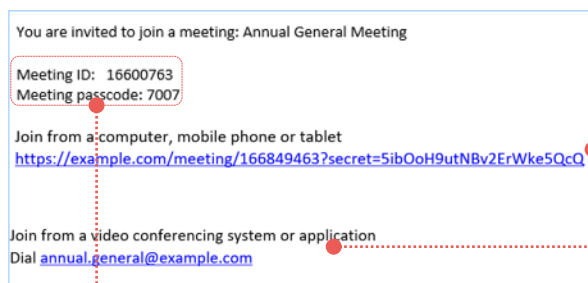


# Joining a meeting from an email invitation

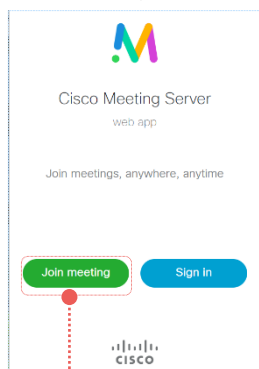
1. Use the information provided in your meeting invite and choose one of the options to join:



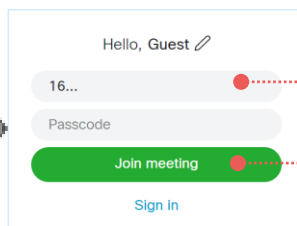
**Using meeting link:** Click on meeting link to open Join meeting page, proceed to step 2

Alternatively, use video address from a video conferencing system or application.

**Using meeting ID or Video address:** Use meeting ID or video address, and passcode (if included in invite)

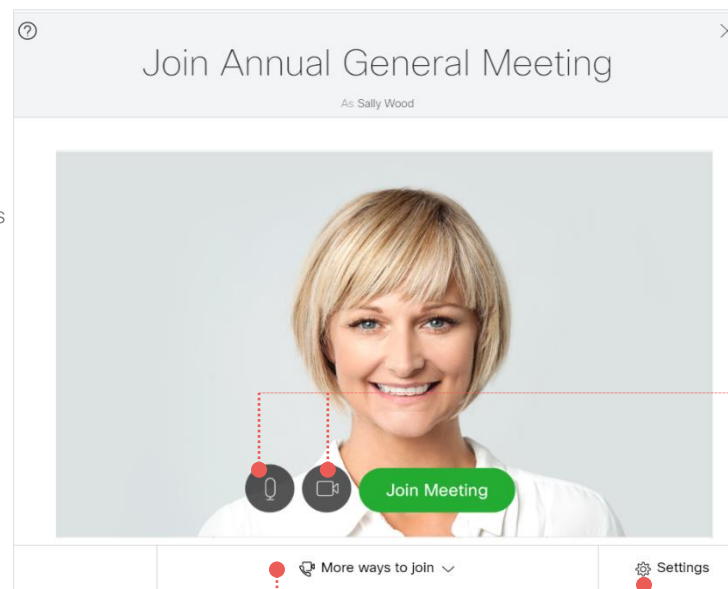


Click 'Join meeting'



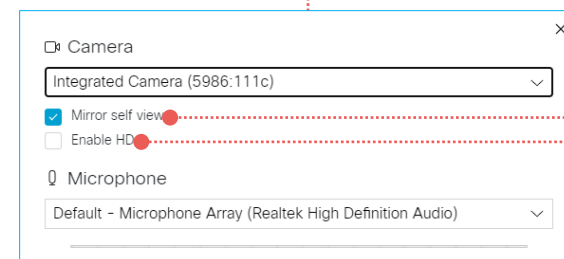
Enter meeting ID or Video address and passcode (if included in invite)

Click Join meeting. Proceed to step 2



Mute yourself or turn off your video before the meeting, you can change these options later when you are in the call

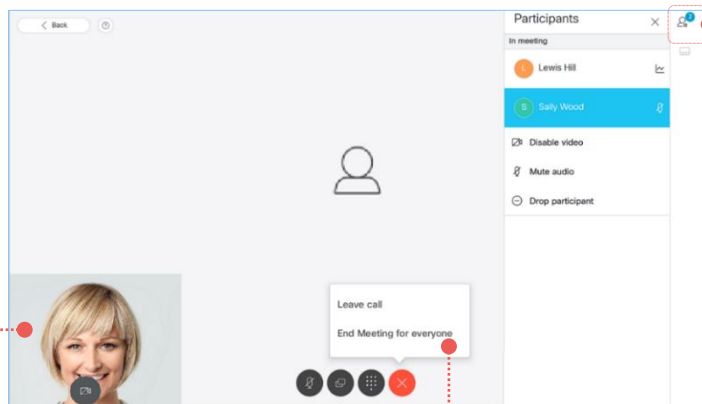
Click **Join** when you are happy to start



Use this to see your self view video in mirror view

**Enable HD.** Use this to change the camera resolution that is sent.

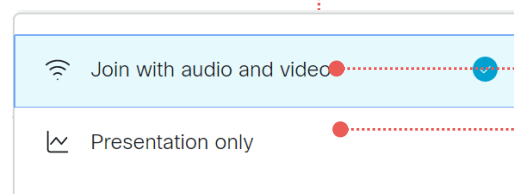
3. Whilst in a call, you can see some in-meeting menu options



Self-view show a preview of your video which is being sent to others in the call

See other participants in the call

Click to Leave the call, or End the call for everyone if you have appropriate permissions



Use this to join a meeting with chosen audio and video options from Settings

Use this option in meetings where you want to get a closer view of the presentation or share your own presentation.

